



Admissions Policy

General

- 1.1 All treatments provided by Bodyscape CryoSpa are a maximum of 10 mins per person within a 24-hour period.
- 1.2 Only the number of users purchased will be allowed to use the CryoSpa unit i.e., single, double or team usage.
- 1.3 Pre-purchased treatments are non-transferable to other users.
- 1.4 Bodyscape CryoSpa reserve the right to ask for GP/Consultant permission before treatments. This may be based on answers to our Health Questionnaire before entry.
- 1.5 All users must complete the Bodyscape Health Questionnaire before use as well as the club waiver.
- 1.6 Cancellations 2 hours or less before the start time of the session will be non-refundable.
- 1.7 Use of other facilities at Bodyscape Health Club i.e., Pool & Gym usage, are at an extra cost to the user.
- 1.8 Suitable clothing must be worn. Swimwear or Shorts & T-shirt only, no long trousers are permitted.
- 1.9 Purchase & booking via our website is advised to secure your slot. Walk in bookings are also taken in club
- 1.10 During your visit we ask users to respect the club and the CryoSpa unit any behaviour deemed to be unsafe will result in your session being terminated.
- 1.11 CCTV is in 24-hour operation within the CryoSpa room.

Age 16 -18 Usage

- 2.1 Users aged 16-18 must be accompanied by a responsible adult/guardian at all times during their visit.
- 2.2 The parent/guardian must give permission for the treatment to be performed.
- 2.3 The parent/guardian must sign and complete the user's health questionnaire

Team Bookings

- 3.1 Team slots can be booked out for 1-hour exclusive use.
- 3.2 Four persons can enter the CryoSpa unit per 10 min interval. No more than 5 people can be in the CryoSpa room at any one time.
- 3.3 All users from a group booking must complete an individual Health Questionnaire

On your visit to Bodyscape CryoSpa our trained team will be on hand to guide you through the process and give a short safety briefing before your session begins. Each slot is booked for 20 minutes which gives each user 5 minutes to prepare for treatment, 10 minutes CryoSpa treatment, and 5 minutes to exit the treatment room.