

Waiver of Liability

I hereby acknowledge that the use of gym equipment, swimming pool, and facilities, as well as participation in classes and training at both Bodyscape Health Club (Shaws Bridge) and Bodyscape Fitness (Belfast City Centre), exposes me to inherent risks, which can include accidents, falls, illness, or serious injury.

General Health and Safety Acknowledgments

- I confirm that I know of no medical, physical, or mental reasons why I would be incapable of safely participating in the physical activities offered at either Bodyscape Health Club or Bodyscape Fitness.
- I understand that it is my responsibility to communicate any physical and/or mental concerns affecting me to a staff member prior to commencing activity if such concerns could interfere with safe participation in my chosen activities.
- Induction: By agreeing I acknowledge an induction is not provided at Bodyscape Health Club or Bodyscape Fitness. If I require an induction, I agree to notify club management before my first visit by emailing fitnessmanager@bodyscapebelfast.com
- I give full permission for any person connected with Bodyscape Health Club/ Bodyscape Fitness to administer first aid as deemed necessary, and in case of serious illness or injury

Bodyscape Health Club (Shaws Bridge)

- Age Requirement: Membership is open to individuals 16 years and older.
- First Aid for Minors: If I am signing on behalf of a minor, I give full permission for any person connected with Bodyscape Health Club to administer first aid as deemed necessary. In the event of a serious illness or injury, I authorize the club to seek medical and/or surgical care for the child and to arrange transport to a medical facility as needed.

Bodyscape Fitness (Belfast City Centre)

- Age Requirement: Membership at Bodyscape Fitness is available to individuals 18 years and older, as it operates as a 24/7 facility.
- Staff Availability: I acknowledge that Bodyscape Fitness is not always staffed and is monitored by a 3rd party during unstaffed hours.
- Medical Conditions and Panic Button: Users with additional health or medical needs agree to inform the club at the time of joining by contacting bodyscapefitness@bodyscapebelfast.com. Additionally, users with medical conditions agree to wear one of the corded panic buttons provided. This panic button links to a third-party monitoring company that will alert emergency services when pressed if assistance is needed.

Assumption of Risk and Release of Liability

I assume all risks of injury associated with using Bodyscape Health Club or Bodyscape Fitness facilities, including but not limited to falls, contact with other participants, and any exercises or techniques taught by trainers employed by or providing services for Andras House Limited T/A Bodyscape Health Club or Bodyscape Fitness. All such risks are understood and accepted by me.

Having read this waiver and understanding these risks, I agree to Hold Harmless, Waive, and Release Bodyscape Health Club and Bodyscape Fitness, including their directors, employees, representatives, service providers, and successors, from any responsibility, liability, demands, or claims arising from my use of the facilities or participation in any training, classes, or activities organised by or on behalf of Bodyscape Health Club or Bodyscape Fitness.

